

### Year Supply Food Storage Accumulation Plan

| Food Item                      | For 1 Person | Family Size (5) | 1Mo | 2Mo | 3Mo | 4Mo | 5Mo | 6Mo |
|--------------------------------|--------------|-----------------|-----|-----|-----|-----|-----|-----|
| Wheat (lbs)                    | 200          | 1000            |     |     |     |     |     |     |
| Flour (lbs)                    | 30           | 150             |     |     |     |     |     |     |
| Rice (lbs)                     | 70           | 350             |     |     |     |     |     |     |
| Oats (lbs)                     | 30           | 150             |     |     |     |     |     |     |
| Pasta (lbs)                    | 30           | 150             |     |     |     |     |     |     |
| Corn Meal (lbs)                | 30           | 150             |     |     |     |     |     |     |
| Canned/Dried Meats (lbs)       | 20           | 100             |     |     |     |     |     |     |
| Salad Dressing (qts)           | 1            | 5               |     |     |     |     |     |     |
| Mayonnaise (qts)               | 3            | 15              |     |     |     |     |     |     |
| Peanut Butter (lbs)            | 4            | 20              |     |     |     |     |     |     |
| Vegetable Oil (gallons)        | 3            | 15              |     |     |     |     |     |     |
| Dried Beans (lbs)              | 40           | 200             |     |     |     |     |     |     |
| Lentils (lbs)                  | 5            | 25              |     |     |     |     |     |     |
| Dry Soup Mix (lbs)             | 5            | 25              |     |     |     |     |     |     |
| Dry Milk (lbs)                 | 72           | 360             |     |     |     |     |     |     |
| Evaporated Milk (cans)         | 15           | 75              |     |     |     |     |     |     |
| Sugar (lbs)                    | 40           | 200             |     |     |     |     |     |     |
| Brown Sugar (lbs)              | 3            | 15              |     |     |     |     |     |     |
| Honey (lbs)                    | 3            | 15              |     |     |     |     |     |     |
| Jams (lbs)                     | 3            | 15              |     |     |     |     |     |     |
| Jello Mix (lbs)                | 1            | 5               |     |     |     |     |     |     |
| Salt (lbs)                     | 5            | 25              |     |     |     |     |     |     |
| Baking Powder (lbs)            | 1            | 5               |     |     |     |     |     |     |
| Baking Soda (lbs)              | 1            | 5               |     |     |     |     |     |     |
| Yeast (lbs)                    | 1            | 5               |     |     |     |     |     |     |
| Vinegar (gallons)              | 1            | 5               |     |     |     |     |     |     |
| Canned Fruits/Vegetables (qts) | 320          | 1600            |     |     |     |     |     |     |
| Dried Fruits/Vegetables (lbs)  | 90           | 450             |     |     |     |     |     |     |
| Water Storage (gallons)        | 183          | 915             |     |     |     |     |     |     |
| Bleach (gallons)               | 1            | 5               |     |     |     |     |     |     |